

# After Care Guide

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Once you leave the tattoo studio, it is your responsibility to ensure that your new tattoo is cared for! From this point on, I am not responsible for any infection or problems you may have your tattoo, if procedure isn't followed. Please follow my guidelines, please email to keep me informed if there is an issue.

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## **Keep it covered.**

My preferred method of covering the tattoo is by using second skin / dermafilm, ideally this should stay on for 3 days however 24hours is the minimum. If I used clingfilm then its good to wash and replace this every day for about 5 days, using micropore tape to keep it on. It will ooze plasma over the healing process, this is normal and washing it off prevents scabbing.

## **Bathing, Showering, Hot Tubs and Swimming.**

You can absolutely shower with second skin on, in fact I encourage you to or you'll smell. Avoid swimming (pools / saltwater / rivers) and baths for 2-3 weeks after the tattoo, especially hot tubs, this will increase your chance of infection exponentially.

## **Scabbing and Peeling.**

Post tattoo, there might be a little scabbing, this might get itchy... don't pick and don't scab! You can use cocobutter or coconut oil twice a day to help relieve this, sparingly however as less is more, you want the skin to be able to breathe.

## **Protection from the Sun.**

After your tattoo has healed, from now on you will always want to use protection from the suns ultraviolet rays. These cause fading over time, damaging the tattoo very fast. Protect your tattoo with 30SPF sunblock, this will keep your tattoo vibrant for years to come.



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Any concerns, please email me at  
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